



MYTHA SPA

D MARIS BAY



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OVERVIEW

Prepare to be pampered head to toe when you visit our Mytha Spa at D Maris Bay.

This 360-degree approach to wellness will revitalize the body and mind to a series of personalized treatments and pioneering techniques aimed at offering a holistic spa experience.

Relax in a soothing environment, close your eyes and leave your worries behind.

Our philosophy is inspired by the power of nature, to take a holistic approach restoring mind, body and spirit with effective and luxurious treatments.

Every treatment is hand-picked and unique, designed to reflect the origin, it's own culture and the signature treatments are tailored specifically to the needs of guests.

An elegant relaxation hideaway which embodies the simple, pure and authentic spa approach.

AMENITIES

Mytha Spa has two floors and 4.500 m² for spacious spa facilities and features 12 spacious treatment suites, providing a private, relaxing environment for the spa's personalized services. Two different relaxing lounges for use before and between the treatments complete the spa's main facilities.

All hotel guests also have free access to large, private locker rooms, as well as the saunas, steam rooms and traditional Turkish hammam.

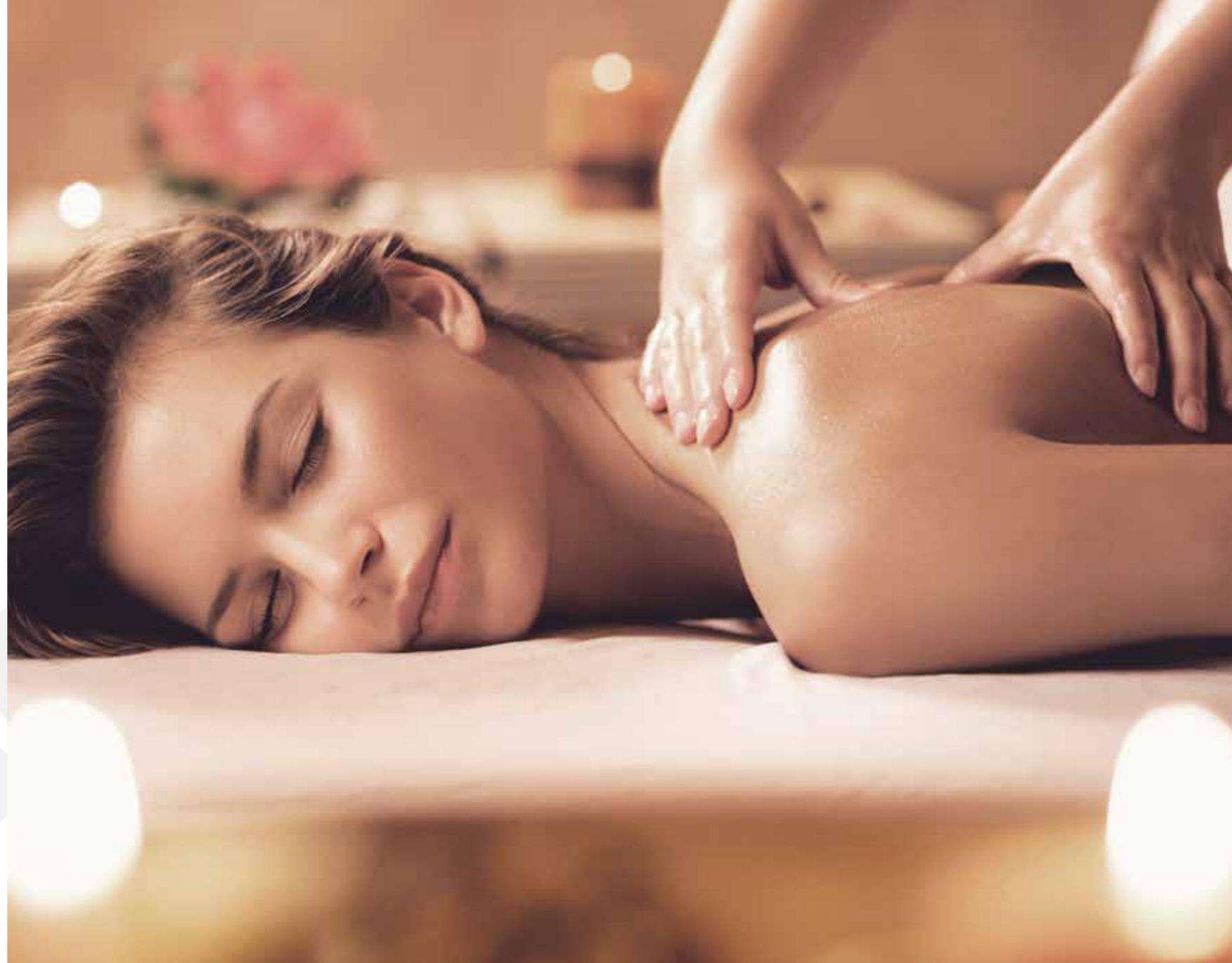
OPERATION HOURS

Facilities: Daily, from 9.00 am to 9.00 pm
Treatment Lounge: Daily, from 9.00 am to 8.00 pm

APPOINTMENTS & GIFT CERTIFICATES

For more information, please contact on 2090-2091.
mythaspa@dmarrisbay.com

Massages



Classic Swedish Massage

Enjoy an unparalleled moment of relaxation by booking a classic massage. Our Swedish massage aims to release tension and relax the body and mind. This massage is among the most popular technique across the world and helps evacuate stress and anxiety.

Aromatherapy Massage

A wellknown calming methodology for body and mind. This soothing, relaxing massage using light to medium pressure which includes hand blended essential oils and calming breathing techniques to equilibrate both body and soul.

Deep Tissue Massage

Deep tissue massage is designed to release tension and aches by adding flexibility to muscular tissue.

Jet-Lag Massage

This therapeutic massage using selected oils that enhances the blood circulation, eases muscular pain and relaxes the muscles of the shoulders, with a relaxing head massage.

Detox - Manuel Lymphatic Drainage Massage

Within us all there is a silent system working to keep us healthy - the lymph system. Lymphatic drainage is a very specific technique of manual body massage and is regarded by many as slow and light movements to get rid of all the toxics in your body.

Bali Massage

Ancient Indonesian massage technique combines softness and tonicity. Enveloping movements, gentle and percussive stretches restore your equilibrium and wellbeing.



Reflexology Massage

Using touch and pressure techniques on reflex points of the hands and feet, this holistic Asian-inspired treatment balances, relaxes and stimulates the corresponding organs and tissues of the body.

Thai Massage

Thai massage is perhaps the most well-known and celebrated of Eastern pampering services. Our team is richly rewarding, holistic therapy that can relax as well as energize. It helps to maintain good health and assist in relieving many common ailments.

Mom to be Massage

Mom to be massage concentrates on the specific needs of pregnant women, who need specific attention. The massage involves gentle and enveloping movements, and is performed lying on your side, with many cushions for maximum comfort.

Hot Stone Massage

This special relaxing massage with volcanic heated stones helps to stimulate the blood circulation, rebalancing energy flow. 90 minute recommended.

Special Experiences

Four Hands Massage

Totally relaxing in the harmony of two therapists. Uniquely synchronised therapists will work on the Chakra points of your body and re-energise you. Feel the star of the Mytha Spa.

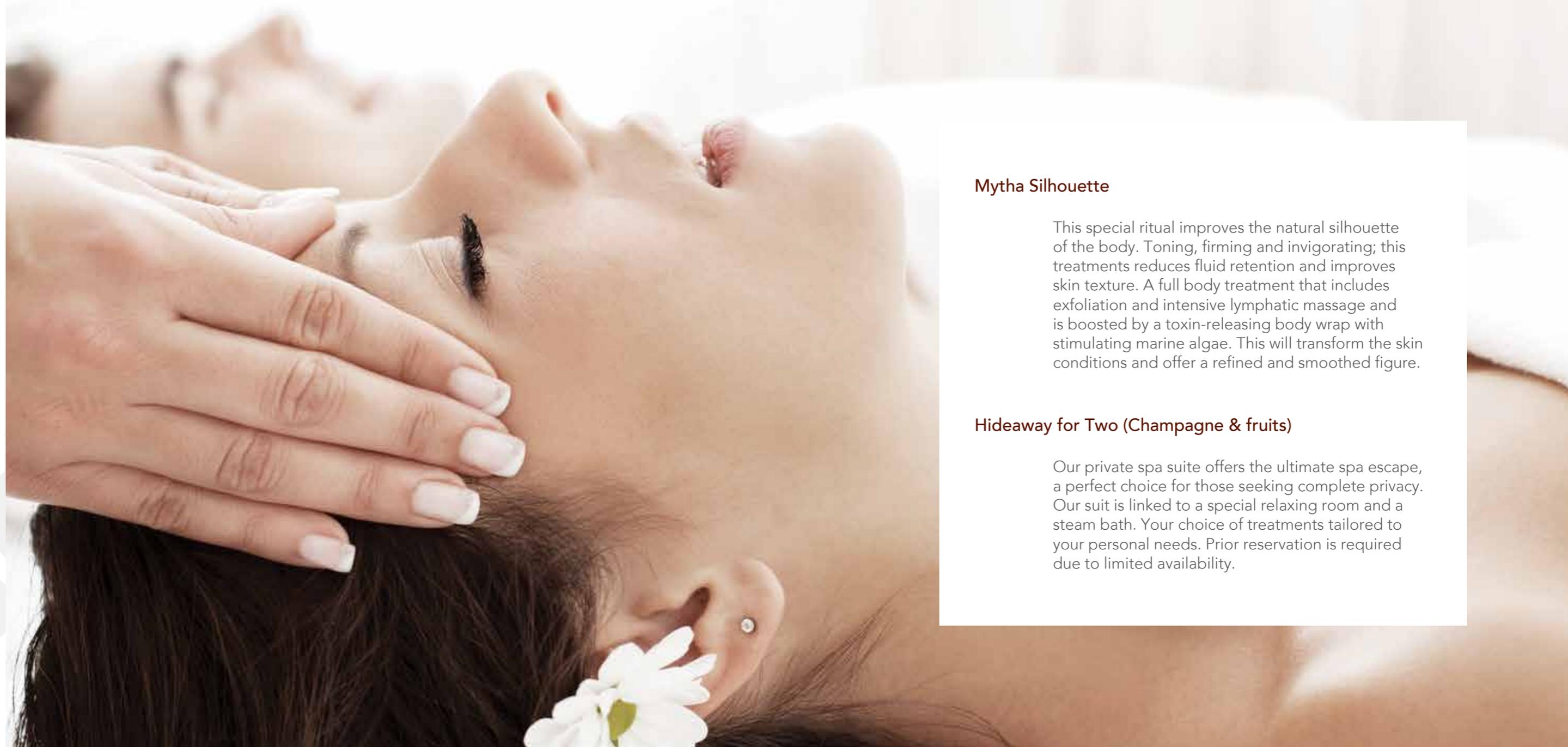
Mytha Tailor Made Massage

A relaxing massage, entirely personalized to meet your specific needs and provide a moment of true relaxation and serenity. Starts with a relaxing foot bath and finishes with a calming head massage with the special sigla tree extract oil. This ancient and endemic tree which grows in Datça Peninsula has a special oil at the leaves to detoxify your body, reduce your skin tone and calm the mind.

Essence of D Maris Bay

A unique and bespoke ritual designed by Mytha Spa to totally encompass the essence of D Maris Bay. Incorporating indigenous ingredients of naturally sourced almond, infused with honey and brown sugar, this treatment begins with a body scrub, continuing with a full body massage using warm nourishing oils and an awakening body mask.

Special Experiences



Mytha Silhouette

This special ritual improves the natural silhouette of the body. Toning, firming and invigorating; this treatments reduces fluid retention and improves skin texture. A full body treatment that includes exfoliation and intensive lymphatic massage and is boosted by a toxin-releasing body wrap with stimulating marine algae. This will transform the skin conditions and offer a refined and smoothed figure.

Hideaway for Two (Champagne & fruits)

Our private spa suite offers the ultimate spa escape, a perfect choice for those seeking complete privacy. Our suit is linked to a special relaxing room and a steam bath. Your choice of treatments tailored to your personal needs. Prior reservation is required due to limited availability.

Traditional Treatments



Traditional Hammam Ritual

This unique experience is one of the oldest cleansing ritual in the world. Just lie back and enjoy the journey of ancient times.

Traditional Treatments

Ottoman Touch for Hammam

The ritual of hammam has been carefully redesigned by us to meet the needs of modern times, adding a personal Mytha touch. This extended ritual includes our relaxing and rehydrating body mask.

Mytha Hammam Ritual

Kassa scrub, foam massage with daphne soap, moisturising ghassoul wrap hair treatment.

Additional Experiences

Foam massage
Kassa scrub



Anti-Aging Treatment

As we age our skin begins to lose its once youthful appearance. Collagen begins to deplete and in turn you're left with wrinkles and fine lines. Loss of firmness is also an issue. Although we can not control the aging clock, we can control the way our skin looks! This is a tailor made hydrating and lightweight all in one anti-aging treatment designed to reduce the appearance of wrinkles.

Total Cleansing Treatment

This deep cleansing facial is an exfoliating treatment that helps your skin fight impurities. It targets fine lines, dehydration and breakouts.

Facial Drainage Treatment

In addition to reducing swelling in the body, lymphatic drainage is also a highly effective facial treatment. It decreases puffiness in the face and under eyes and contains many other age-defying benefits.

Men's Special

The products for men's facials are created specifically with the male skin in mind. Products are designed to take care of the health and well-being of men's skin, containing efficient active ingredients. They have masculine fragrance and light texture.

Fresh Look Eye Treatment

Give tired eyes a natural lift. Change the position of the arch, open the eyes and create a more lifted, youthful, and refreshed look.

Biologique Recherche Executive Treatment



Soin Restructurant et Lissant Facial Treatment

Immediate reconditioning anti-aging treatment for sensitive, reactive skin instants or skin that is marked by time. With calming and soothing agents: extract of squash; hydrating and smoothing agents: hyaluronic acid, silk; renewing agents: royal jelly.

VIP O₂ Oxygenating Facial Treatment

Luxurious oxygenating and balancing ritual features perfect combination of oxygenation and bio-energy massages. A wonderful moment of well-being and relaxation that oxygenates the epidermis, relaxes your features and leaves you glowing with health. Recommended for all skin instants.

Soin Lift CVS Facial Treatment

A complete skin care, lifts, restructures, firms, hydrates and protects against exterior aggressions. Recommended for normal, mix and seborrheic skin instants. Hydrating ingredients: silk extract, hyaluronic acid; renewing and purifying ingredients: algae, milk proteins.

Detox Algae After Party Body Treatment

This treatment includes an energising massage and body wrap. The thermal effect of the alga releases marine active ingredients that remineralize and purify the body, toning the epidermis and stimulating the elimination of excess water and toxins. This treatment will fill you with a wonderful sense of wellbeing and comfort.

Peelings & Body Treatments



Sucré-Salé Peeling

A delicious combination of sea salt, brown sugar and plant essential oils, this scrubbing treatment helps eliminate rough patches, smoothes the skin and leaves it feeling beautifully soft. Delicately fragranced with notes of Mediterranean essential oils.

Phytotherapy Mud Treatment

This special mud with healing plant ingredients will help to relax the tired muscles, tonify the skin and reload your positive mood again.

Algotherapy Treatment

This seaweed included bodywrap has essentials from Mediterranean Sea which has the ability to concentrate a wide range of minerals and trace elements. This wrap will help you to enjoy an optimal remineralization.

Honey Body Mask with Shea Butter

This COSMOS Organic certificated mask is a special treatment for after sun. Shea butter and honey will help your sensitive and irritated skin to calm down and refresh.

Peelings & Body Treatments

St. Barth Sensation

This intensive moisturizing body pack, which enhances the appearance and elasticity of the skin by supplying it with a high level of lipids. Select your favourite scent: bourbon vanilla, delicate tiare flowers or exotic lily. The absorption of the mask is intensified by a wonderfully fragrant relaxing massage as a finish. Your entire skin takes on a visibly improved appearance and velvety smooth texture.

St. Barth Elasticity

Intensive body care to improve skin condition with the use valuable minerals and vitamins as natural components of clay and fresh pineapple or cucumber mousse. Ivy, menthol and camphor activate and strengthen body tissue while cold-pressed avocado oil supplies important nutrients. The skin tissue is visibly finer and tighter.

St. Barth Slimness

For fast relief and relaxation of heavy swollen legs, after extended periods of sitting, standing or following a long flight, or simply for beautiful, slim legs. Our ivy gel removes blockages and drains excess water while strenghtening the veins and stimulating the lymphatic system. Menthol and camphor promote the micro-circulation, refresh and revitalize.



Mytha Spa 4 New Generation



Mini Massage

Reviving and refreshing - get ready for the next adventure...

Vanilla Dream Kids

Includes delicious vanilla and coconut body treatment and a soft massage for beginners.

Teens Facial (from 12 to 16 years old)

A gentle cleansing treatment helps remove impurities from the skin looking good and fresh.

ARRIVAL

To ensure your time with us is as pleasurable and as seamless as possible, we ask you to arrive at Mytha Spa a minimum of 20 minutes ahead of your scheduled time. If you wish to take advantage of our beautiful facilities we invite and welcome you to arrive one to two hours prior.

LATE ARRIVAL

If you arrive late for an appointment, you will receive the best treatment possible within the remaining appointment time, however this may be necessary to decrease with respect of the next appointment; full treatment costs apply.

CANCELLATION

If you must reschedule or cancel your spa appointment, please notify the spa at least 4 hours in advance to avoid being charged for the service. Cancellation of a package, group booking or ritual requires 12 hours notice.

RESERVATION

Advance bookings are always recommended to guarantee your preferred treatment and time. We cannot secure any spa treatments if we do not have your room number.



MEDICAL CONCERNS

Please notify spa reservation before booking any treatment if you have any physical ailments, allergies or disabilities, or are taking any medication, as this may affect your choice of treatment.

SPA ATTIRE

Your modesty will be respected at all times. Disposable underwear is available if desired. Loose clothing is provided for Thai massages, as are robes and slippers for your comfort. Please bring with you your own bathing suit and gym clothing if you wish to use the swimming pool or gymnasium.

VALUABLES

Mytha Spa cannot accept responsibility for any lost or stolen items.

AGE REQUIREMENT

All spa guests must be 16 years of age and above. Our teenager guests are welcome only with their parents.

Mytha Spa is a tranquil environment for everyone to enjoy, as a courtesy to our other guests, please switch off your mobile phone or place it in silent mode at all times while within the spa.

Prices and treatments are subject to change without notice.

For more information, please contact on 2090-2091
myhtaspa@dmrisbay.com

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DATÇA PENINSULA